

UNIFORMED SERVICES ACADEMY OF FAMILY PHYSICIANS

*2006 Annual Meeting
&
Exposition*



2-7 March, 2006



*Sheraton Chicago
Hotel & Towers
Chicago, Illinois*



CONFERENCE BROCHURE

USAFP 2006 Annual Meeting & Exposition

Dear USAFP Member:

On behalf of the Uniformed Services Academy of Family Physicians (USAFP) President Dr. Robert Marshall and the USAFP Board of Directors, it is my distinct pleasure to invite you to the USAFP Annual Meeting and Exposition in Chicago, Illinois March 2-7, 2006. Please join us in celebrating our military service, commitment to our patients, and the joy of being a family physician. Let's "Get Jazzed About Family Medicine."

The USAFP meeting is always a great way to reconnect with old friends while obtaining quality continuing medical education. This year's conference is no exception. The first morning, Friday March 3rd, Dr. Richard G. Roberts and Mark Towers will help us rediscover the "Soul" of family medicine. I had the pleasure of hearing these gentlemen speak at the American Academy of Family Physicians' Annual Leadership Forum and I am confident you will "Get Jazzed" by their presentations on the Future of Family Medicine and maintaining resiliency in our lives. Other CME highlights include general sessions discussing topics in adult medicine, obstetrics, pediatrics, and military unique experiences. Breakout sessions in the management of chronic pain, population health, coding, curriculum design, and leadership will be offered. To maintain procedural skills and develop new ones, the program features workshops in colposcopy, endoscopy, osteopathic manipulation, exercise stress testing, and joint injections. Interested members can also recertify in Advanced Life Support for Obstetrics or attend the Sports Medicine Symposium. Finally, plan to stay in Chicago Tuesday March 7th to support the "Rising Stars" and play "Resident Quiz Bowl-Doc You Don't Know Jack!"

The Sheraton Chicago Hotel and Towers, considered the premier downtown hotel in Chicago, was designed to take advantage of Chicago's most breathtaking views. The beautifully appointed sleeping rooms offer spectacular views of the Chicago River, Lake Michigan, or the downtown skyline. Sleeping rooms are at government per diem. The hotel offers outstanding conference facilities as well as five distinctive restaurants. The Sheraton's world-class fitness center, which includes a heated pool overlooking Lake Michigan, will be available to members during their entire stay for only \$15! Internet access will also be discounted. Located within walking distance of the Magnificent Mile, Navy Pier, Chicago Art Institute, Loop business district, and fabulous shops and restaurants, the Sheraton Chicago Hotel and Towers is ideally suited to USAFP members and their families.

Thank you for considering attending the USAFP 2006 Annual Meeting and Exposition. As always, this is a great opportunity to obtain needed CME credits while catching up with old friends and meeting new ones. I look forward to seeing you in Chicago as we come together to share the pride we feel in serving our country and "Get Jazzed About Family Medicine!"

Sincerely,
Sandy Kimmer, MD
2006 Program Chair

Appropriate Uniform

- Air Force** - Blues (no tie required)
- Army** - Class B
- Coast Guard** - Tropical Blue Long
- Navy** - Khakis or Service Dress Blues
- Public Health Service** - Summer Blues (Salt & Pepper)

*Please note: Civilian attire may be worn for the following activities:
Thursday, 2 March Evening CME, the All Member Reception and Tuesday, 7 March CME.*

Special Post Conference Activities

- Sports Medicine Symposium** - 7 March, 2006 - Please see page 12 for details and register on page 13.
- ALSO Refresher Course** - 7 March, 2006 - Please see page 12 and register on page 13.
- ALSO Instructor Course** - 8 March, 2006 - Please see page 12 and register on page 13.

2-7 March, 2006 - Chicago Illinois

Sheraton Chicago Hotel & Towers

Located in the heart of downtown Chicago and considered the premier hotel in downtown Chicago, the Sheraton Chicago Hotel and Towers is ideally situated within walking distance of the Magnificent Mile, the Navy Pier, the Art Institute, the Loop business district, great restaurants and so much more. The design of the hotel was created to take advantage of Chicago's most breathtaking views. From city to lake to river, you will be surrounded by the best of Chicago. The hotel offers outstanding conference facilities along with five distinctive restaurants. Of special note are Shula's Steak House which is owned and operated by legendary NFL Coach Don Shula and is one of the Top Five Steak Houses in America and Spectators which offers authentic Chicago-style sandwiches and is located riverfront overlooking the Chicago river. Plus, the sleeping rooms are beautifully appointed and each offer a spectacular view of the Chicago River, Lake Michigan or the Chicago skyline.

Reservation Information

Cut off date for Hotel Reservations - 9 February, 2006 - Reservations requests received after 5:00 p.m. local time at the Hotel on the cut off date will be accepted at the Hotel's prevailing rate, based on availability.

To make your reservations, please call 1-800-325-3535
or make your reservation on-line at www.starwoodmeeting.com/book/usafp

Room Rates - \$136.00 Single/Double Occupancy

(All guest room rates are exclusive of applicable state and local taxes, currently 15.4%)

Early Departure Fees - In the event that a guest who has reserved a guest room within the USAFP's room block checks out prior to the guest's reserved checkout date, an early departure fee of one night room and tax will be charged to that guest's individual account. Guests wishing to avoid this fee must advise the Sheraton Chicago Hotel & Towers at or before check-in of any change in the scheduled length of stay. If the Government orders an attendee to an early departure because of any service there will be no early departure penalty.

Sheraton Chicago Hotel & Towers
301 East North Water Street, Chicago, Illinois 60611
Phone 312-464-1000

CME Accreditation

USAFP Annual Meeting & Exposition - 2-7 March, 2006

This activity has been reviewed and is acceptable for up to 48.75 credits by the American Academy of Family Physicians. AAFP prescribed credit is acceptable by the AMA PRA as Category 1 Credit. (When applying for the AMA PRA, prescribed hours must be reported as prescribed hours, not as Category 1.)

ALSO Refresher Course - 7 March, 2006

This activity has been reviewed and is acceptable for up to 7.75 credits by the American Academy of Family Physicians. AAFP prescribed credit is acceptable by the AMA PRA as Category 1 Credit. (When applying for the AMA PRA, prescribed hours must be reported as prescribed hours, not as Category 1.)

ALSO Instructor Course - 8 March, 2006

This activity has been reviewed and is acceptable for up to 6.50 credits by the American Academy of Family Physicians. AAFP prescribed credit is acceptable by the AMA PRA as Category 1 Credit. (When applying for the AMA PRA, prescribed hours must be reported as prescribed hours, not as Category 1.)

Improvisation, Harmony & Soul

Keynote Speakers

New and Improved and Really Far Out: The Future of Family Medicine

Richard G. Roberts, MD, JD

Friday, 3 March, 0830-0915

Dr. Roberts is a Professor and past Chair in the Department of Family Medicine at the University of Wisconsin Medical School in Madison. A family physician and attorney, Dr. Roberts has practiced in Belleville, a rural community of 1900, since 1987. He provides the full scope of family medicine services: he delivers babies, cares for patients of all ages, performs endoscopy and minor surgery, and attends patients in the hospital, including those in intensive care units.

A past president of the American Academy of Family Physicians (AAFP) and the Wisconsin Medical Society. Dr. Roberts served as a director on the board of the American Medical Accreditation Program (AMAP) and the Commission on Laboratory Accreditation (COLA). He was a member of the Medical Advisor Panel to the Technology Evaluation Center of the Blue Cross Blue Shield Association.

Dr. Roberts was a member of the Project Leadership Committee of the Future of Family Medicine (FFM) Project. He chaired the FFM Task Force 5 on family physicians transforming the U.S. healthcare system and served on the FFM Task Force 6 on developing successful financial models for family medicine. He is an adjunct member of the USAFP.

Resilience: The Key to Life

Mark A. Towers, MA

Friday, 3 March, 0915-1000

Mark Towers is the founder of Speak Out Seminars. He has been educating people in workshops throughout the United States, South Africa, Mexico, Europe and Canada for the past eighteen years. His extensive research into critical areas of human performance has enabled him to deliver meaningful programs that have enabled individuals and organizations to make dramatic and positive changes.

Mark combines his background as a consultant, manager, teacher, coach, professor, therapist, broadcast personality and professional speaker to help you become a more polished, powerful and profitable individual, team or company. He is the author of seven books, numerous articles, several audiocassettes and one compact disc.

Mark has earned two degrees from the University of Iowa. He received his bachelor's degree in Secondary Education in 1977. After spending several years in the education field he became a professional speaker for audiences such as ABC-TV, Hallmark Cards, 3M, John Deere, NASA, all branches of the armed services and hundreds of government agencies and associations.



Special Activities

Resident & Student Luncheon

Friday, 3 March, 1230-1345

All residents and students in attendance at the USAFP Annual Meeting are encouraged to join their peers for lunch. Network with your peers and share ideas to bring back home to your programs and schools. Don't miss this opportunity to meet new FP friends from your sister services!

Special Constituencies in Medicine Luncheon

Saturday, 4 March, 1230-1345

Conference attendees are encouraged to attend to add to the discussion of issues relative to special constituencies, including new physicians, women and minorities. Your input, opinion and advice are welcome.

Prayer Breakfast

Sunday, 5 March, 0630-0745

Join your colleagues for the Annual USAFP Prayer Breakfast. The program always ensures an inspirational start to your day. A breakfast buffet will accompany the program.

Flag Officers Address

Sunday, 5 March, 1150-1235

Flag Officers representing all services will address conference attendees as a part of the General Session Program rather than during the traditional Flag Luncheon. Following the Flag Officers presentations, attendees will break for lunch and re-assemble for Service Specific Breakouts scheduled from 1345 to 1715 Hours.

5k Fun Run/Walk

Monday, 6 March, 0630-0800

This morning's 5k Fun Run/Walk will get your blood pumping. The course takes you through the Chicago Park District along the Chicago River and Lake Michigan. Each Fun Run registrant will receive a complimentary USAFP sweatshirt. In order to be guaranteed a sweatshirt, you must pre-register for the fun run before arriving on-site in Chicago.

Installation Ceremony & All Member Reception

Monday, 6 March, 1830-2130

Join USAFP President Robert C. Marshall, MD, MPH and incoming USAFP President Karen K. O'Brien, MD and all new officers and Board members for their installation into office. Following the brief installation ceremony, celebrate with all meeting participants at the All Member Reception. The reception will be held in the Sheraton Chicago Hotel & Towers Promenade offering a beautiful view of the Chicago River and Chicago's fantastic skyline. Heavy hors d'oeuvres and beverages will be provided along with entertainment.

Preliminary Program

Thursday, 2 March, 2006

- 1400-2100 Registration
- 1815-1830 Welcome
Robert C. Marshall, MD, MPH & Sandra L. Kimmer, MD
- 1830-2100 **HARMONY** - The musical layering of one note upon the other to create a pleasing whole. Among family physicians, harmony highlights the complex synergy of skills we develop over time culminating in a mastery of patient care.
- 1830-1915 A Mardi Gras Medicine Mambo: A Medical History of New Orleans *Timothy Mott, MD*
- 1915-2000 Clinical Courage: Doing the Right Thing for Our Patients *Mark Flynn, MD*
- 2000-2045 CHCSII Update: Effective Use and Improvements on the Horizon *Ron Moody, MD*
- 2045-2100 Questions & Answers

Friday, 3 March, 2006

- 0630-1730 Registration
- 0700-0830 Continental Breakfast with Exhibitors & Posters
- 0700-0830 Residency Program Directors Meeting
- 0830-1030 Family Hospitality
- 0830-1230 **SOUL** - The spirit behind the music and the emotion it evokes in the listener. The soul of family medicine speaks to that special energy we possess that allows us to balance patient care, administrative duties, and leadership roles.
- 0830-0915 The (New and Improved and Really Far Out) Future of Family Medicine
Richard G. Roberts, MD, JD, FAAFP, FCLM
- 0915-1000 Resilience: The Key to Life
Mark W. Towers, MA
- 1000-1030 **Coffee Break with Exhibitors & Posters**
- 1030-1230 Research Presentations
- 1230-1345 Resident & Student Luncheon \$

Friday, 3 March, 2006 (continued)

- 1230-1345 Lunch with Exhibitors & Posters
- Early Afternoon Sessions**
- 1400-1530 **FUTURE OF FAMILY MEDICINE**
- 1400-1445 Increasing Interest in Family Medicine *Sarah M. Kass, MD*
- 1445-1530 Getting and Keeping the Right People
Donald R. Woolever, MD
- 1400-1530 **SOUL**
- 1400-1445 The Challenging Patient - The Balint Group as a Path to Understanding, Communication and Professional Satisfaction
Janet M. Walker, MD
- 1445-1530 Finding Meaning in Family Medicine *W. Robert Kiser, MD*
- 1400-1530 **DEPLOYMENT**
- 1400-1445 Special Ops/Traveling Light
John McBeth, MD
- 1445-1530 Deployment Information Technology in the Field
Keith L. Salzman, MD, MPH, FAAFP, CHE
- 1400-1530 Injection Workshop *Jeffrey C. Leggit, MD*
DESCRIPTION: The goals of the injection workshop are to discuss the indications, contraindications and current evidence regarding joint and soft tissue injections that a Family Physician might encounter. Specific injections that will be covered are knee injections (to include intrarticular, iliotibial band, pes anserene), and foot injections (to include plantar fascia pain syndrome, morton's neuroma, tarsal tunnel) Participants will receive a brief informative lecture followed by a hands on opportunity to demonstrate actual injections on anatomical models. The workshop will terminate with a brief discussion and demonstration of prolotherapy, a relatively new concept and skill in the treatment of musculoskeletal disorders.
- 1400-1730 4th Annual Resident Leadership Conference - Part I *Maureen O. Padden, MD, MPH*
DESCRIPTION: Calling all residents: You won't want to miss the fourth annual Resident Leadership Conference at the USAFP Annual Meeting! Network with your fellow resident leaders and share your best ideas from your programs back home. Residents will leave the conference feeling invigorated and having sharpened their leadership and managerial skills.

Preliminary Program

Friday, 3 March, 2006 (continued)

Early Afternoon Sessions (Continued)

1400-1730 Creating More Pride, Praise & Enthusiasm in Your Organization: Moving From Awareness to Action
Mark W. Towers, MA
DESCRIPTION: Everyone wants to work in a winning organization. The "hands-on, how-to" specifics in regard to pride, praise and enthusiasm will provide you with action tools that you can implement immediately as you build and maintain a winning organization. Come join us for this educational, motivational and entertaining program!

1400-1730 Research As a Team Sport: Getting to Goal With the ACGME *John Holman, MD, MPH* & the USAFP Research Judges
DESCRIPTION: This interactive workshop will help prepare program directors, residency directors, research coordinators, faculty and research mentors for the new family medicine RRC academic requirements effective 1 July 2006. Collaborative research, barriers, tools and resources for academic projects will be discussed. Participants will leave with a timeline for meeting the new requirements.

1530-1600 Break with Exhibitors & Posters

Late Afternoon Sessions (Concurrent with 1400-1730 Sessions)

1600-1730 **FUTURE OF FAMILY MEDICINE**
1600-1645 The State of the "Future of Family Medicine" in the Uniformed Services
J. Scott Earwood, MD
1645-1730 AAFP Future of Family Medicine Project Update
Mary E. Frank, MD

1600-1730 **SOUL**
1600-1645 Avoiding Discord & Achieving Harmony in the Patient Encounter
James A. Ellzy, II, MD
1645-1730 Spirituality in Medicine
Karen Phelps, MD

1600-1730 **DEPLOYMENT**
1600-1645 Surviving in the Deployment Environment
Karen J. Ayers, MD, MPH
1645-1730 Effectively Teaching Military Medicine, from Traditional Settings to Computer-Based Simulation
Michael Roy, MD

Friday, 3 March, 2006 (continued)

1600-1730 Splinting Techniques *Jennifer LaPointe, MD*
DESCRIPTION: This workshop is designed to provide participants with "hands-on" application of splints and to review both diagnostic and therapeutic maneuvers regarding soft tissue injuries and fractures. A review of the basic anatomy, underlying pathological or biomechanical alterations, and diagnostic maneuvers, tests, or studies for each injury will be accomplished.

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1730-1830 Committee Interest & Planning Meeting

Saturday, 4 March, 2006

0630-1730 Registration

0700-0800 Continental Breakfast with Exhibitors & Posters

0700-0800 Pre-Doctoral Meeting

0800-1230 **IMPROVISATION** - Identified in Webster's Dictionary as the ability "to perform without preparation and "make due with whatever is at hand." Improvisation in family medicine reflects our ability to go anywhere in the world, with any tools and facilities, and take excellent care of any patient who enters our exam room.

0800-0900 Soldier Centered Care - A Revolutionary Strategy to Provide Health Care to Soldiers
Kevin R. Whitney, MD
0900-1000 Chemical Weapons in Today's World
Jeffrey Kueter, MD

1000-1030 Coffee Break with Exhibitors & Posters

1030-1230 Research Presentations

1230-1345 Lunch with Exhibitors & Posters

1230-1345 Special Constituencies in Medicine Luncheon \$

Early Afternoon Sessions

1400-1530 **MUC**
1400-1445 A Tale of Two Cities: Family Physicians and Humanitarian Opportunities in Operation Iraqi Freedom
Colin M. Greene, MD & *John J. Lammie, MD*
1445-1530 Meeting the Neighbors: An Informed Approach to Humanitarian Assistance
Mary V. Kruger, DO, MPH

Preliminary Program

Saturday, 4 March, 2006 (continued)

Early Afternoon Sessions - Continued

- 1400-1530 **SPORTS MEDICINE**
- 1400-1445 Six Common Joint Complaints and What to Do About Them
Anthony I. Beutler, MD
- 1445-1530 The US Soldier Athlete: Unique Sports Medicine Challenges and Injuries
Fred H. Brennan, Jr., DO
- 1400-1530 **RESEARCH**
- 1400-1445 IRB Pitfalls
Jennifer Junnila, MD, MPH
- 1445-1530 Biostatistics for Poets
Diane M. Flynn, MD & Colin M. Greene, MD
- 1400-1530 **ADULT MEDICINE**
- 1400-1445 Top Ten New Drugs of the Year
Michael R. Spieker, MD
- 1445-1530 Prostate Disease
J. Timothy LaVan, MD
- 1400-1530 Injection Workshop *Jeffrey C. Leggit, MD - REPEAT SESSION*
DESCRIPTION: The goals of the injection workshop are to discuss the indications, contraindications and current evidence regarding joint and soft tissue injections that a Family Physician might encounter. Specific injections that Will be covered are knee injections (to include intrarticular, iliotibial band, pes anserene), and foot injections (to include plantar fascia pain syndrome, morton's neuroma, tarsal tunnel) Participants will receive a brief informative lecture followed by a hands on opportunity to demonstrate actual injections on anatomical models. The workshop will terminate with a brief discussion and demonstration of prolotherapy, a relatively new concept and skill in the treatment of musculoskeletal disorders.
- 1400-1715 4th Annual Resident Leadership Conference - Part 2 *Maureen O. Padden, MD, MPH*
DESCRIPTION: Calling all residents: You won't want to miss the fourth annual Resident Leadership Conference at the USAFP Annual Meeting! Network with your fellow resident leaders and share your best ideas from your programs back home. Residents will leave the conference feeling invigorated and having sharpened their leadership and managerial skills.

Saturday, 4 March, 2006 (continued)

- 1400-1715 Tactical Combat Casualty Care (TC3) - A 2006 Update *Kevin C. O'Conner, DO*
DESCRIPTION: This breakout session will review the most recent advances in "site of wounding" and Level 1-2 care on the battlefield. Many adaptations to traditional trauma care have been made for combat and other austere environments. This session will address the newest innovations and briefly review how the Committee on Tactical Combat Casualty Care arrived at these recommendations.
- 1530-1545 **Break**
- Late Afternoon Sessions (Concurrent with 1330-1645 Sessions)*
- 1545-1715 **MUC**
- 1545-1630 Amputee Care
Michael Place, MD
- 1630-1715 PTSD: Soldiers Lot? Wounds That Won't Heal
Thatcher Cardon, MD, MBA
- 1545-1715 **SPORTS MEDICINE**
- 1545-1630 Stress Fractures
Rochelle M. Nolte, MD
- 1630-1715 Anterior Knee Pain
Laurel Neff, DO
- 1545-1715 **RESEARCH**
- 1545-1630 How to Give a Ten Minute Scientific Presentation
Brian K. Crownover, MD, FAAFP
- 1630-1715 Publishing for Medical Literature
Robert Oh, MD, MPH
- 1545-1715 **ADULT MEDICINE**
- 1545-1630 Clearing the Confusion: Osteoarthritis, Family Physicians & Their Patients: A Case-Based Approach *Mary E. Frank, MD*
- 1630-1715 Anal/Rectal Disorders
Telita Crosland, MD, MPH
- 1545-1715 Splinting Techniques *Jennifer LaPointe, MD REPEAT SESSION*
DESCRIPTION: This workshop is designed to provide participants with "hands-on" application of splints and to review both diagnostic and therapeutic maneuvers regarding soft tissue injuries and fractures. A review of the basic anatomy, underlying pathological or biomechanical alterations, and diagnostic maneuvers, tests, or studies for each injury will be accomplished.

Preliminary Program

Saturday, 4 March, 2006

- 1730-1830 Financial Health for a Military Career
Donald L. Nichols, MD
DESCRIPTION: This session is designed to provide an overview of personal financial management applicable to a twenty-year military career. Various strategies will be discussed including purchasing a home, life insurance, basic investing and the survivor benefit plan. This session will provide an active duty officer's perspective on healthy finances. Spouses are encouraged to attend.

Sunday, 5 March, 2006

- 0630-1730 Registration
0630-0745 Prayer Breakfast \$
0700-0800 Breakfast on your own

Early Morning Sessions (Concurrent with Morning Half Day Sessions)

- 0800-0945 **ADULT MEDICINE**
0800-0845 Practical Strategies to Cardiovascular Risk Reduction in Family Medicine
William H. Coleman, MD, PhD
0845-0930 The Newest Class of Wonder Drugs: Alternative Uses of Statins
Timothy E. Huber, MD
0930-0945 Questions & Answers
- 0800-0945 **POPULATION HEALTH**
0800-0930 Ultraprevention: Understanding and Managing the Five Forces of Illness to Truly Discover the Meaning of Prevention
John O'Brien, MD
0930-0945 Questions & Answers
- 0800-0945 **PHYSICIAN HEALTH**
0800-0845 Puppy Uppers & Doggie Downers For the Office: How to Energize Your Peers
Lori J. Heim, MD
0845-0930 Let's Talk! Tools for more effective communication with your patients.
Patrick H. Ginn, MD & Susanne M. Krasovich, MD
0930-0945 Questions & Answers

Sunday, 5 March, 2006 (continued)

- 0945-1000 Coffee Break
- Mid-Morning Sessions (Concurrent with Morning Half Day Sessions)*
- 1000-1145 **ADULT MEDICINE**
1000-1045 Combination Therapy in the Treatment of Cholesterol
Richard K. Scranton, MD, MPH
1045-1130 Hot Topics in Geriatrics
Brian K. Unwin, MD
1130-1145 Questions & Answers
- 1000-1145 **POPULATION HEALTH**
1000-1045 Building a Successful Disease Management Program
Maureen O. Padden, MD, MPH
1045-1130 Wellness in the Elderly
John P. Kugler, MD, MPH
1130-1145 Questions & Answers
- 1000-1145 **PHYSICIAN HEALTH**
1000-1045 Outlook for Efficiency
Karen K. O'Brien, MD
1045-1130 Physician Wellness
Kathryn Holder, MD
1130-1145 Questions & Answers
- Morning Half Day Sessions (Concurrent with Morning and Mid-Morning Sessions)*
- 0800-1145 4th Annual Resident Leadership Conference - Part 3
Maureen O. Padden, MD, MPH
DESCRIPTION: Calling all residents: You won't want to miss the fourth annual Resident Leadership Conference at the USAFP Annual Meeting! Network with your fellow resident leaders and share your best ideas from your programs back home. Residents will leave the conference feeling invigorated and having sharpened their leadership and managerial skills.
- 0800-1145 Operational Medical Science Update
John Hagmann, MD
DESCRIPTION: The Tactical Combat Casualty Care guidelines provide a standard approach for the delivery of prehospital casualty care in the tactical environment. What is the basis for these new guidelines? What new advances have occurred since they were published? Designed specifically for physicians, this workshop will present the latest information and skills pertaining to the care of combat casualties in austere environments.

Preliminary Program

Sunday, 5 March, 2006 (continued)

Morning Half Day Sessions - Continued (Concurrent with Morning and Mid-Morning Sessions)

- 0800-1145 **Faculty Development Workshop**
If You Build It, They Will Learn: Your Curriculum Construction Toolbox *Ross E. Colt, MD, Sandra L. Kimmer, MD, J. Timothy LaVan, MD, Doug Maurer, DO, Irene Rosen, MD, Guy P. Runkle, MD, Aaron Saguil, MD, Richard W. Sams, II, MD & Brian A. Smoley, MD*
DESCRIPTION: This interactive workshop will provide the tools to develop, implement, and evaluate a successful educational program. This seminar will use an ethics curriculum as a model to demonstrate how to conduct a learning needs assessment, develop educational goals, design and sequence training, and evaluate your program, instruction, and students.
- 1150-1235 Flag Officers Address
- 1235-1345 Lunch on your own
- 1345-1715 Service Specific Breakouts

Monday, 6 March, 2006

- 0630-1700 Registration
- 0630-0800 Fun Run/Walk \$
- 0700-0800 Breakfast on your own

Early Morning Sessions (concurrent with Morning Half Day and All Day Sessions)

- 0800-0945 **WOMEN'S HEALTH**
- 0800-0845 Contraception Update
Lisa M. McGowan, MD
- 0845-0930 High Risk Obstetrics - A Joint Venture
Jessica T. Mitchell, MD
- 0930-0945 Questions & Answers
- 0800-0945 **MANAGEMENT OF CHRONIC PAIN**
- 0800-0930 Chronic Pain Management for the Family Physician
Steven W. Moll, DOI, MeD
- 0930-0945 Questions & Answers

Monday, 6 March, 2006 (continued)

- 0945-1000 Coffee Break

Mid-Morning Sessions (Concurrent with Morning Half Day and All Day Sessions)

- 1000-1145 **WOMEN'S HEALTH**
- 1000-1045 MAN: The Military ALSO Network
Jennifer E. Frank, MD
- 1045-1130 Postpartum Mood Disorders
Sarah K. Jorgensen, DO
- 1130-1145 Questions & Answers
- 1000-1145 **MANAGEMENT OF CHRONIC PAIN**
- 1000-1045 "Doctor, I Need (A Refill of My) Pain Medication..."
Robert L. Ringler, Jr., MD
- 1045-1130 Chronic Pain Action Plan - A Multi Modal Approach to Pain Management
Michael L. Martin, MD, MS
- 1130-1145 Questions & Answers

Morning Half Day Sessions (Concurrent with Early Morning, Mid-Morning and All Day Sessions)

- 0800-1145 Junior Leader & Clinic Manager - Part I
William P. Crum, MD, Timothy Mott, MD & Kevin R. Whitney, MD
DESCRIPTION: This workshop is an interactive opportunity for current and future clinical leaders to gain insight into strategies for organizing and managing a highly efficient and effective clinic. Presenters will vary from senior leaders and mid-level leaders to experienced first line managers. Lessons learned and pitfalls as well as key steps to success will be revealed and discussed. Participants will be given the opportunity to explore their own unique leadership styles and develop techniques to successfully capitalize upon that style.
- 0800-1145 Senior Leadership
Major General Bruce Green
DESCRIPTION: A seminar designed with the senior leader in mind. We will have speakers and panel discussions designed for the chief of the medical staff or the commander of a large medical treatment facility. We will also include career progression information and peer networking.

Preliminary Program

Monday, 6 March, 2006 (continued)

Morning Half Day Sessions - Continued (Concurrent with Early Morning, Mid-Morning and All Day Sessions)

- 0800-1145 **CODING & INFORMATION TECHNOLOGY - PART I** DESCRIPTION: This dual natured workshop will focus on recent developments in the Military Health Systems approach to coding as well as new advances in information technology geared toward maximizing clinical efficiency. General and specific coding information will be examined to include a focus on prevention, procedural and obstetric coding. Additionally, IT solutions which improve the efficiency of CHCS II and clinic efficiencies in general will be highlighted.
- 0800-0815 Introduction *James Haynes, MD*
0815-0900 Why Coding Matters?
Gerald E. Harmon, MD, Major General, ANG
- 0900-0945 Defeating the Coding Monsters
Ross E. Colt, MD
- 1000-1115 Prevention and Procedural Coding *Dale Agner, MD*
- 1115-1145 Questions & Answers

All Day Sessions

- 0800-1700 Colposcopy Workshop *Marlene Sanchez, MD*
DESCRIPTION: Colposcopy has become a common procedure for Family Physicians. The workshop will address the practical aspects of colposcopy with emphasis on proficiency and translation into one's own practice. The workshop will provide tools in order to obtain these goals. Skills will be enhanced by use of hands on colposcopy with emphasis on pattern recognition and case studies. Emphasis on evidence-based management with review of new guidelines and current recommendations.
- \$
- 0800-1700 EGD - Gastroscopy for Family Medicine
Mark D. Goodwin, MD
DESCRIPTION: A brief overview of upper GI diseases will be presented including a discussion on ulcerative disease, dyspepsia, H. Pylori, gastric cancer, Barrett's Esophagus and GERD. Recommendations for screening for different groups will be discussed as well as recommendations for surveillance of patients with a history of Barrett's. A workshop will be presented reviewing various aspects of performing gastroscopy. This will include discussions reviewing indications and contraindications, patient preparation for the procedure, gastroscopy technique, sedation and monitoring, privileges and credentials, and coding and reimbursement. Time will be provided to get hands on practice with gastroscopes using models.
- \$

Monday, 6 March, 2006 (continued)

- 0800-1700 Orthopedic Medicine Therapy (OMT) Techniques for the Busy Medical Practice
Edward B. Jorgensen, DO
DESCRIPTION: Pain patients got you down? Family physicians often have few diagnostic and treatment modalities to offer their patients with back pain or other musculoskeletal disorders. This lecture and lab course will provide insight to pain, pain relief that you can do for your patients right here, right now, in your office, that will get your patients back to a full life. And it is FUN and often provides immediate results! "Patients" will be requested from the Annual Meeting for the practical lab.

1145-1330 Lunch on your own

Early Afternoon Sessions (Concurrent with Afternoon Half Day & All Day Sessions)

- 1345-1515 **PEDIATRICS**
1345-1430 Family Advocacy - Domestic Violence *Leila Williams, MD*
1430-1515 Care of the Premature Infant
Christopher Jarvis, MD
- 1345-1515 **MANAGEMENT OF CHRONIC PAIN**
1345-1430 Pain Management Contracts
Valerie J. Wrede, MD
1430-1515 Management of Chronic Pain with Mind Body Medicine
Danielle Eigner, DO

1515-1530 Break

Afternoon Half Day Sessions (Concurrent with Early Afternoon, Late Afternoon and All Day Sessions)

- 1345-1700 Junior Leader and Clinic Manager - Part II
William P. Crum, MD, Timothy Mott, MD & Kevin R. Whitney, MD
DESCRIPTION: This workshop is an interactive opportunity for current and future clinical leaders to gain insight into strategies or organizing and managing a highly efficient and effective clinic. Presenters will vary from senior leaders and mid-level leaders to experienced first line managers. Lessons learned and pitfalls as well as key steps to success will be revealed and discussed. Participants will be given the opportunity to explore their own unique leadership styles and develop techniques to successfully capitalize upon that style.

Preliminary Program

Monday, 6 March, 2006 (continued)

Afternoon Half Day Sessions - Continued (Concurrent with Early Afternoon, Late Afternoon and All Day Sessions)

1345-1700 GXT (Graded Exercise Stress Test) Workshop
David E. Ristedt, MD DESCRIPTION: In this Breakout Session, we will review the ACC/AHA guidelines for exercise stress testing including indications, contraindications and use in evaluating chest pain. We will discuss the mechanics of the procedure, positive findings, and if possible, perform a procedure during the workshop.

1345-1700 **CODING & INFORMATION TECHNOLOGY - PART 2** DESCRIPTION: This dual natured workshop will focus on recent developments in the Military Health Systems approach to coding as well as new advances in information technology geared toward maximizing clinical efficiency. General and specific coding information will be examined to include a focus on prevention, procedural and obstetric coding. Additionally, IT solutions which improve the efficiency of CHCS II and clinic efficiencies in general will be highlighted.

1345-1430 Obstetric Coding
Kenneth G. Reinert, MD & Robert L. Ringler, Jr., MD

1430-1515 Leveraging IT for Clinical Efficiency
Robert C. Marshall, MD, MPH

1530-1615 CHCSII Use: Impact on Coding and other Clinical Business Processes
Ron Moody, MD

1615-1700 Virtual Visits & AMR
Ron Moody, MD

Late Afternoon Sessions (Concurrent with Afternoon Half Day and All Day Sessions)

1530-1700 **PEDIATRICS**

1530-1615 Pediatric Obesity - A Post-Modern Pandemic
Mark B. Stephens, MD

1615-1700 Pediatric Behavioral Dilemmas in the Normal Family
Dawn Uithol, MD

1530-1700 **MANAGEMENT OF CHRONIC PAIN**

1530-1615 Acupuncture in Family Medicine, Do You Get the Point?
Lewis A. Hofmann, MD

1615-1700 Pain Management at the End of Life
Gregory W. Jones, MD

1830-2130 Installation Ceremony & All Member Reception

Tuesday, 7 March, 2006

0630-1200 Registration

0630-0800 Continental Breakfast

0645-0700 Committee Chair Meeting

0700-0800 Committee Meetings

0800-1500 \$ Sports Medicine Symposium *Kelly Skanchy, MD*

0730-1705 \$ ALSO Refresher Course *Jeffrey Quinlan, MD*

Morning Sessions (Concurrent with the Sports Medicine Symposium and the ALSO Refresher Course)

0800-0825 RISING STARS: The Tao of II: Use of the Simulated Patient Encounter to Assist Composite Healthcare (SPEACH) to Optimize CHCSII Transition
Jamie C. Riesberg, MD, Womack Army Medical Center/Fort Bragg

0825-0850 RISING STARS: Family Medicine Resident Webmaster
Cynthia J. Maresso, MD, Naval Hospital Camp Pendleton

0850-0915 RISING STARS: Psych-a-Delic Board
Jason L. Musser, DO, Offutt AFB

0915-0930 Break

0930-1045 Resident Quiz Bowl: Doc, You Don't Know Jack!
Kenneth J. Franklin, MD & J. Timothy LaVan, MD

1045-1110 RISING STARS: The Implementation of an Operative Obstetrics Curriculum
Joshua Scott Will, DO, Fort Benning

1110-1135 RISING STARS: Future Leaders in Family Medicine/Improving Urinalysis Testing in a Family Medicine Teaching Hospital
Eric M. Buenviaje, MD, Naval Hospital Bremerton

1135-1200 RISING STARS: An Eighteen Month Rotating Didactic Lecture Curriculum in a Combined Air Force/Civilian Family Medicine Program
Michael W. Nash, MD, Scott AFB

Wednesday, 8 March, 2006

0730-1640 \$ ALSO Instructor Course *Jeffrey Quinlan, MD*

Post Conference Activities

Sports Medicine Symposium

Tuesday, 7 March, 2006

0800-1500

Operational Sports Medicine

Basic Training and Beyond

Kelly Skanchy, MD

Please Register for this course on page 13 of this brochure.

Course Fees - USAFP Annual Meeting Registrant - \$100 Non-Registrant - \$200

Course Overview - The 2006 USAFP Sports Medicine Symposium will provide the Family Physician an opportunity to solidify basic Musculoskeletal Diagnostic skills and add further exam and treatment techniques to their armamentarium. The morning session will be a didactic format covering major joint examination and diagnostic strategies. The afternoon session will be a hands on small group session where participants will examine, diagnose and learn treatment options on simulated patients. For those already proficient in exam and treatment there will be concurrent lectures on basic fracture management of common primary care fractures, gait analysis and orthotic and running shoe prescription and setting up an operational sports medicine training room.

Advanced Life Support in Obstetrics

Please Register for this course

On page 13 of this brochure.



Registration cutoff date:

February 20, 2006

Approximately 3 weeks prior to the courses, participants will receive a packet containing advance preparation materials.

Refresher Course

7 March, 2006

0730-1705

Course Overview

This one day course is a structured, evidence-based curriculum on treating emergencies that happen during pregnancy. This course does not replace the ALSO Provider Course. It is only for those providers who have successfully completed a provider course who are ending, or have ended their five year provider status. Individuals successfully completing this course will extend their provider status five more years without having to take the provider course.

Instructor Course

8 March, 2006

0730-1640

Course Overview

This one day course focuses on specific teaching skills required for adult learning, including how to teach small interactive workstations, how to teach workstations using mannequins and other equipment, how to give effective feedback, and how to give effective lectures and teach work-stations using slides.

Eligible attendees are physicians, third-year residents, certified nurse midwives, and registered nurses, who have successfully completed an ALSO Provider Course.

Registration Form

2006 Annual Meeting & Exposition - 2-7 March, 2006
Sheraton Chicago Hotel & Towers - Chicago, Illinois

Register at www.usafp.org

Will you allow us to share your name and address with the Exhibitors?

YES NO

REGISTRANT INFORMATION

NAME: _____

TITLE: MD DO PA NP RN Other

BRANCH OF SERVICE: _____

DUTY STATION: _____

MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ FAX: _____

EMAIL ADDRESS: _____

(All registration confirmations will be sent via email. It is necessary to include your e-mail address in order to receive a confirmation.)

AAFP ID: _____

(*USAFP Members must include their ID numbers in order to receive the USAFP Physician Member Rate)

POST CONFERENCE ACTIVITIES

SPORTS MEDICINE SYMPOSIUM

Tuesday, 7 March

Registrant - \$100

Non-Registrant - \$200

ALSO REFRESHER COURSE

Tuesday, 7 March

USAFP Members - \$250

Non-Members - \$300

Nurse Midwives - \$300

Registered Nurses - \$300

ALSO INSTRUCTOR COURSE

Wednesday, 8 March

USAFP Members - \$300

Non-Members - \$475

Nurse Midwives - \$475

Registered Nurses - \$375

Eligible attendees are physicians, third-year residents, certified nurse midwives, and registered nurses, who have successfully completed an ALSO Provider Course.

I am currently an active ALSO Provider

YES NO

Date & Location of Provider Course:

TOTAL Post Conference Activities \$ _____

REGISTRATION FEES

	<u>Full Registration Rate</u>	<u>Daily Rate</u>
USAFP Physician Member*	\$375	\$130
Physician Non Member	\$455	\$180
RN's, PA's & NP's	\$375	\$130
Residents	\$75	\$30
Medical Students	\$0	\$0
Total Registration Fee	\$ _____	\$ _____

ACTIVITIES

Note: Please sign up for all activities that you would like to attend. The USAFP cannot guarantee availability if not pre-registered.)

FUNCTION	COST	QUANTITY	TOTAL COST
Resident & Student Luncheon (Friday)	\$20.00	_____	\$ _____
Special Constituencies Luncheon (Saturday)	\$20.00	_____	\$ _____
Prayer Breakfast (Sunday)	\$20.00	_____	\$ _____
Fun Run/Walk (Monday)	\$20.00	_____	\$ _____
Installation & All Member Reception (Monday)	\$20.00 Adult	_____	\$ _____
	\$10.00 Child (3-12)	_____	\$ _____
	\$0.00 Child (2 & under)	_____	\$ _____
	TOTAL ACTIVITIES FEES		\$ _____
	TOTAL REGISTRATION FEES		\$ _____
	TOTAL POST CONFERENCE ACTIVITIES		\$ _____
	TOTAL FEES THIS PAGE		\$ _____

Questions?
Please call USAFP
804-968-4418

WORKSHOPS/BREAKOUT SESSIONS

FRIDAY, 3 MARCH, 2006

Early Afternoon Sessions - Select one of the following:

- 1400-1530 Future of Family Medicine
- 1400-1530 Soul 1400-1530 Deployment
- 1400-1530 Injection - \$20
- 1400-1730 4th Annual Resident Leadership Conference - Part 1
- 1400-1730 Creating More Pride, Praise & Enthusiasm
- 1400-1730 Research As A Team Sport

Late Afternoon Sessions - Select one of the following: (unless you select the 4th Annual Resident Leadership Conference -Part I, Creating More Pride, Praise & Enthusiasm or Research as a Team Sport)

- 1600-1730 Future of Family Medicine
- 1600-1730 Soul 1600-1730 Deployment
- 1600-1730 Splinting Techniques - \$20

SATURDAY, 4 MARCH, 2006

Early Afternoon Sessions - Select one of the following:

- 1400-1530 MUC 1400-1530 Sports Medicine
- 1400-1530 Research 1400-1530 Adult Medicine
- 1400-1530 Injection - REPEAT SESSION - \$20
- 1400-1715 4th Annual Resident Leadership Conference - Part 2
- 1400-1715 Tactical Combat Casualty Care

Late Afternoon Sessions - Select one of the following: (unless you select the 4th Annual Resident Leadership Conference - Part 2 or Tactical Combat Casualty Care)

- 1545-1715 MUC 1545-1715 Sports Medicine
- 1545-1715 Research 1545-1715 Adult Medicine
- 1545-1715 Splinting Techniques - REPEAT SESSION -\$20

SUNDAY, 5 MARCH, 2006

Early Morning Sessions - Select one of the following:

- 0800-0945 Adult Medicine 0800-0945 Population Health
- 0800-0945 Physician Health

Mid-Morning Sessions - Select one of the following: (unless you select a Morning Half Day Session)

- 1000-1145 Adult Medicine 1000-1145 Population Health
- 1000-1145 Physician Health

Morning Half Day Sessions - Select one of the following: (unless you select an Early Morning or Mid-Morning Session)

- 0800-1145 4th Annual Resident Leadership Conference - Part 3
- 0800-1145 Operational Medical Science Update
- 0800-1145 If you Build it They Will Learn

Please complete this form and mail to:
USAFP, 2301 N. Parham Road, Suite 4, Richmond,
Virginia 23229 or fax to: 804-968-4418 or
Register On-line at www.usafp.org

MONDAY, 6 MARCH, 2006

Early Morning Sessions - Select one of the following:

- 0800-0945 Women's Health
- 0800-0945 Management of Chronic Pain

MONDAY, 6 MARCH, 2006 (continued)

Mid-Morning Sessions - Select one of the following: (unless you select a Morning Half Day or All Day Session)

- 1000-1145 Women's Health
- 1000-1145 Management of Chronic Pain

Morning Half Day Sessions - Select one of the following: (unless you select an Early Morning, Mid-Morning or All Day Session)

- 0800-1145 Junior Leader & Clinic Manager - Part 1
- 0800-1145 Senior Leadership
- 0800-1145 Coding & Information Technology - Part 1

All Day Sessions - Select one of the following: (unless you select a Morning, Half Day or Afternoon Session)

- 0800-1700 Colposcopy - \$40 0800-1700 EGD - \$40
- 0800-1700 Orthopedic Medicine Therapy (OMT)

Early Afternoon Sessions - Select one of the following: (unless you chose an Afternoon Half Day or an All Day Session)

- 1345-1515 Pediatrics
- 1345-1515 Management of Chronic Pain

Afternoon Half Day Sessions - Select one of the following: (unless you select an All Day Session)

- 1345-1700 Junior Leader & Clinic Manager - Part 2
- 1345-1700 GXT (Graded Exercise Stress Test) Workshop - \$20
- 1345-1700 Coding & Information Technology - Part 2

Late Afternoon Sessions - Select one of the following: (unless you select an Afternoon Half Day or an All Day Session)

- 1530-1700 Pediatrics
- 1530-1700 Management of Chronic Pain

TOTAL WORKSHOP/BREAKOUT FEES \$ _____
TOTAL FEES PREVIOUS PAGE \$ _____
TOTAL \$ _____

PAYMENT INFORMATION

Please make your check payable to USAFP or provide your credit card information:

American Express Discover MasterCard Visa

Card #: _____

Expiration Date: _____

Card Holder's Name: _____

Signature: _____

All charges made to your credit card will appear on your statement as payable to The Meeting Company.

UNIFORMED SERVICES ACADEMY OF FAMILY PHYSICIANS



2006 Annual Meeting & Exposition

2-7 March, 2006

Sheraton Chicago Hotel & Towers
Chicago, Illinois

Register on-line at www.usafp.org

Uniformed Services Academy of Family Physicians
2301 N. Parham Road, Suite 4
Richmond, Virginia 23229

ADDRESS SERVICE REQUESTED